

HOMEBASE ON G

Transitions-Mental Health Association



Homebase on G is a new, mixed-use apartment complex in Lompoc which includes 26 single room occupancy apartments, some reserved for adults with disabilities. The facility also includes a community center, common areas and supportive services space.

Services to residents who have a mental illness are provided by the Mental Health Services Act (MHSA) program, Vida Nueva Lompoc, which provides 24/7 intensive community-based wrap around services to help people in recovery live independently.

Program services and activities are provided almost entirely in residents' homes and the community room at Homebase on G. Residents are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence possible. Services include:

- Supportive care, case management, and rehabilitative mental health services.
- Regular appointments with a nurse and a psychiatrist.
- Regular access to medical services.
- Highly individualized treatment, medication and personal milestones.
- The development of independent living skills, including cooking, cleaning, grocery shopping, conflict resolution, money management, and social skills.
- Co-occurring disorder support groups for clients who also have problems with substance abuse.
- Vocational and educational support.
- Support groups addressing other medical issues requiring maintenance and medication.

The staff of Vida Nueva at Homebase on G focus on encouraging each consumer's recovery and pursuit of a full, productive life by working with the whole person, rather than focusing on alleviating symptoms. Services and staff teams are fully integrated to give each member a range of choices, making the consumer the main decision-maker in his or her own recovery process.

Transitions – Mental Health Association

Post Office Box 15408, San Luis Obispo CA 93406

Phone: (805) 540-6500 · Fax: (805) 540-6501 · info@t-mha.org