

## FULL SERVICE PARTNERSHIP

## INTENSIVE RESIDENTIAL PROGRAM

### Transitions-Mental Health Association



The Full Service Partnership (FSP) Intensive Residential Program is funded by the Mental Health Services Act (MHSA) and provides intensive community-based wrap around services to help people in recovery live independently. Residents are referred to the program through San Luis Obispo County Behavioral Health Services and occupy a variety of community housing and apartment rentals throughout San Luis Obispo, Atascadero, and in Arroyo Grande.

Program services and activities are provided in residents' homes and within the immediate community. Residents are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence possible. Services include:

- Social rehabilitation support groups addressing skill building techniques in a variety of community settings; emphasizing communication skills, conflict resolution strategies, social skill development, and relationship building activities.
- Supportive care, case management, and rehabilitative mental health services.
- Regular appointments with psychiatrists.
- Regular access to medical services.
- The development of independent living skills, including cooking, cleaning, grocery shopping, conflict resolution, money management, and social skills.
- Co-occurring disorder support groups for clients who also have problems with substance abuse.
- Highly individualized treatment, medication and personal milestones.
- Vocational and educational opportunities.

The FSP Intensive Residential Program focuses on encouraging each consumer's recovery and pursuit of a full, productive life by working with the whole person, rather than focusing on alleviating symptoms. Services and staff teams are fully integrated to give each member a range of choices, making the consumer the main decision-maker in his or her own recovery process.

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