

ADULT TRANSITIONAL PROGRAM

Transitions-Mental Health Association



The Adult Transitional Program (ATP) provides a home-like setting where adults with mental illness are supported in their efforts to acquire and apply interpersonal and independent-living skills. ATP is licensed to house 12 people and is staffed 24 hours daily.

What Is It Like?

In a non-institutional setting, residents are encouraged to do the following:

- * Accept gradual amounts of responsibility for the cooperative operation of the household.
- * Exercise self responsibility and move toward increasing levels of independent functioning.
- * Come and go freely and participate in ongoing community activities.

Residents hold weekly house meetings with staff to address two main areas:

- * *Practical operation of the household*, including the division of house jobs, program house rules, and meal and activity planning.
- * *Relationships*

Residents are also encouraged to have a productive schedule of activities during each week (minimum 20 hours).

Who Is Eligible for the Program?

Residents are referred by County Behavioral Health Services, which provides ongoing treatment and medication monitoring.

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Post Office Box 15408, San Luis Obispo CA 93406

Phone: (805) 540-6500 · Fax: (805) 540-6501 · info@t-mha.org