



YOUTH FAMILY PARTNERS AND PARTNERS IN HOPE PROGRAMS

Transitions-Mental Health Association

The Youth Family Partner program in San Luis Obispo County and Partners in Hope in Santa Barbara County works as a team with the families and caregivers of minor children who have emotional and behavioral problems. Family Partners provide support, information and referrals necessary to improve the quality of life for families and their children.

What Services Are Provided?

- Support and education groups
- Interaction with others who have similar challenges
- Orientation for new families entering the mental health system
- Referrals to additional programs and services that can offer assistance
- Participation in planning programs and services
- Information from professional staff who attend regional and statewide meetings on current mental health policies and resources

Who can participate?

Families, guardians and caregivers with a minor child who has special mental health needs.

How Much Does It Cost?

This program is a free service to residents in San Luis Obispo and Santa Barbara Counties. The Youth Family Partner and Partner in Hope programs are funded locally by the Mental Health Services Act, Santa Barbara County Alcohol, Drug and Mental Health Services, and the San Luis Obispo County Preventive Health Grant.

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