

PEER ADVISORY AND ADVOCACY TEAM

Transitions-Mental Health Association



The Peer Advisory and Advocacy Team (PAAT) was created in 2008 to work together with our communities and the Mental Health Departments of San Luis Obispo and Santa Barbara Counties and Transitions-Mental Health Association to enhance the mental health system by developing and implementing plans to:

- Advocate and educate the community about mental health and recovery.
- Eliminate the stigma attached to mental illness.
- Advocate and educate the mental health system about the valuable workforce contributions to be made by the individuals it serves.
- Educate individuals served and family members about their rights and responsibilities in the mental health system.
- Provide support to peer employees and other leaders of the peer movement to ensure that they have the tools they need to achieve and maintain success and job satisfaction.
- Promote the concept of wellness versus illness and focus attention on personal responsibility and a balanced life, grounded in wholeness.

The Peer Advisory and Advocacy Team welcome comments, observations, complaints, concerns, and new members. The PAAT Committee is a group of peers, mentors, friends and volunteers that meet the 2nd and 4th Tuesday of every month at T-MHA from 10:30-11:45 am.

Transitions–Mental Health Association

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