



**FOR IMMEDIATE RELEASE**

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**TRANSITIONS-MENTAL HEALTH ASSOCIATION HAS MOVED**

San Luis Obispo, CA – Transitions-Mental Health Association (TMHA) has moved their main administration office to 784 High Street in San Luis Obispo (on the corner of High and Santa Barbara Streets). The building is known to long time locals as the ‘old Quaglino hardware store.’ The building has been renovated and will soon sport a new sign replacing the existing Benjamin Moore Paint sign.

In purchasing this building, TMHA has achieved a long-standing strategic goal as costs are stabilized far into the future. “It will cost us less to pay mortgage for the office space than it cost to pay rent,” said Jill Bolster-White, Executive Director. “This is a money-saving move that includes a great, visible location, and a wonderful opportunity for our organization.”

TMHA would like to thank Thoma Electric Company for donating electrical services to increase the capacity of the building. “We are so grateful to Thoma for offering their help as we transform the building into our offices,” said Bolster-White.

The main office phone number has changed to 805.540.6500 although the old number will continue to roll over.

An open house will be held **in** September; please visit [www.t-mha.org](http://www.t-mha.org) for more information.

**ABOUT T-MHA**

Transitions-Mental Health Association is a non-profit organization that helps children and adults live, work and grow in our community. TMHA operates 27 programs at over 35 locations that reach over 2,000 people and 1,500 families in San Luis Obispo and Santa Barbara counties. The emphasis of TMHA's many services is to teach vital independent living skills, and build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, T-MHA has been dedicated to providing housing, employment, case management and life-skills support to mentally ill adults, at-risk youth and homeless adults. For more information, visit [www.T-MHA.org](http://www.T-MHA.org).

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