



**FOR IMMEDIATE RELEASE**

**September 27, 2011**

**Photos from last year's event available upon request.**

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**CELEBRATING THE HARVEST: FRESH PRODUCE, HEALTHY MINDS**  
Fourth Annual Harvest Festival to Showcase Growing Grounds Farm

Santa Maria, CA – Autumn has begun, but the last, luscious remains of summer will hold center stage at the third annual Harvest Festival at Growing Grounds Farm, Saturday, October 15th from 12 to 4 p.m. at the Farm located at 820 West Foster Road in Santa Maria.

Join local artisans and musicians for an afternoon in celebration of mental health, good work and great food. Fresh flowers and organic vegetables, unique products, and art will be on display and ripe for the picking. Children's Activities include pumpkin decorating. Take a chance in a raffle for fabulous prizes.

Enjoy delicious chicken barbeque prepared by Noon Time Kiwanis of Santa Maria in the shady trees by our farm stand. Barbeque will be served from 12-3 p.m. Barbeque tickets are \$10 each for adults and \$5 each for children 10 and under.

We will also be honoring our Northern Santa Barbara County Volunteers during the event.

All proceeds will support Growing Grounds Farm and the people who depend on it for employment and horticultural therapy. This event is sponsored by the Santa Barbara Foundation.

**When:** Saturday, October 15th from 12 to 4 p.m.

**Where:** Growing Grounds Farm in Santa Maria  
820 West Foster Road

**Admission:** Admission is free! Barbeque plate tickets are \$10 each for adults and \$5 each for children 10 and under and can be purchased by phone at (805) 934-2182 or visit the event page at [www.t-mha.org](http://www.t-mha.org)

Produce, flower boquets, and plants will be available for purchase at the Farm Stand.

For more information, or to purchase barbeque tickets, please call (805) 934-2182.

**ABOUT T-MHA**

Transitions-Mental Health Association is a non-profit organization that helps children and adults live, work and grow in our community. TMHA operates 27 programs at over 35 locations that reach over 2,000 people and 1,500 families in San Luis Obispo and Santa Barbara counties. The emphasis of TMHA's many services is to teach vital independent living skills, and build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, T-MHA has been dedicated to providing housing, employment, case management and life-skills support to teens and adults with mental illness; and support, resources and education for their loved ones. For more information, visit [www.T-MHA.org](http://www.T-MHA.org).

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