

Come with us on a

Journey of Hope

Friday, Feb. 26, Government Center Board of Supervisors Chambers, 1055 Monterey Street, San Luis Obispo

Agenda

8:30 to 9	Coffee with local mental health service & resource providers
9 to 9:15	Welcome & Introductions
9:15 to 9:45	Screening of "The Shaken Tree"
9:45 to 10	Q&A
10 to 10:15	Break
10:15 to Noon	Kevin Hines presents his story of survival and hope
Noon to 12:30	Networking & Conclusion



Join us for a presentation of "The Shaken Tree," a conversation with families of individuals living with a mental illness. Witness their journeys of despair, hope and survival.



Kevin Hines survived a jump from San Francisco's Golden Gate Bridge in 2000.

Hear his amazing story.

Be inspired on your own Journey of Hope.

Kevin Hines has spoken to over a quarter of a million people about his first hand experience with suicidal thoughts and his eventual attempt to end his life by jumping off of the Golden Gate Bridge. One of only 29 Golden Gate Bridge survivors, Kevin is now spreading a message of suicide prevention and living mentally well. To learn more about Kevin, go to www.kevinhinesstory.com.

Visit www.t-mha.org for parking info, printable flyers, forms for forum exhibitors and more.



"Journey of Hope" is a Transitions-Mental Health Association event, co-sponsored by the Peer Advisory & Advocacy Team and TMHA Family Services. Our mission is to help children and adults live, work and grow in our community.



Funded by the Mental Health Services Act through San Luis Obispo County Behavioral Health Services.

CEUs are available.

Call 805.541.5144, Ext. 132 for more information.