

# Journey of Hope 2012: BringChange2Mind

*A Community Forum on Living Mentally Well*

Wednesday, February 1st, New Life Church, 990 James Way, Pismo Beach

5:00 to 6:30 p.m.	Connect with local service/resource providers Sign in for CEUs
6:30 to 6:35 p.m.	Screening of "BringChange2Mind"
6:35 to 6:45 p.m.	Welcome and Introductions
6:45 to 7:15 p.m.	<b>Calen Pick</b> Speaks
7:15 to 7:45 p.m.	<b>Jessie Close</b> Speaks
7:45 to 8:30 p.m.	Question and Answer Period
8:30 to 9:00 p.m.	Conclusion and Networking Sign out for CEUs

The forum's keynote speaker, Jessie Close, asked her sister, actress Glenn Close, to help do something to fight the stigma of mental illness. Glenn got together with Director Ron Howard and filmed the first BringChange2Mind public service announcement in Grand Central Station in 2009. BringChange2Mind has raised awareness about mental illness and provides support and information to people who have been diagnosed with a mental illness and their families.

**SLO THE STIGMA.org**

FOR IMMEDIATE HELP CALL  
800.549.4499

bring  
change  
2mind.org

**Jessie Close** has lived with bipolar disorder for most of her life, but wasn't properly diagnosed until 2004. Jessie's son, **Calen Pick**, was 18 when he lost the life he knew and was plunged into psychosis. He was diagnosed with schizoaffective disorder in 1999.

Jessie, along with her son, Calen, will share their personal struggles with mental illness, as well as their compelling and inspirational journey to accept and adapt as individuals who are living with a mental illness. You can learn more about Jessie and Calen at: [bringchange2mind.org](http://bringchange2mind.org)

This event is free - a suggested donation of \$5 is appreciated to help cover costs of future public events.

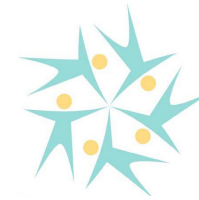
Reservations are not required.

There are over 900 seats available and ample parking space.

Visit [www.t-mha.org](http://www.t-mha.org) for printable flyers and forms for forum exhibitors.



"Journey of Hope" is a **Transitions-Mental Health Association** event, hosted by the Peer Advisory & Advocacy Team and TMHA Family Services.



This event is co-sponsored by the **Community Counseling Center of SLO County**.



Funded by the Mental Health Services Act through **San Luis Obispo County Behavioral Health Services**.

Continuing Education Units (CEUs) will be available.

**Free childcare** will be provided at the venue.

Please call to RSVP by January 31 with number of children and their ages.

Visit [www.t-mha.org](http://www.t-mha.org) or call **805.540.6526** for more information.