

Strike Out Stigma Bowl-a-Thon



Benefiting SLO Hotline and other TMHA programs in San Luis Obispo and Northern Santa Barbara Counties.

Bowl-a-Thon is a great way to have fun, enjoy friendly competition, and support mental health in our community.

Hundreds of bowlers will fill the lanes and you can be there too!

Join the Fun!

Pismo Beach: March 9, 16, 18, 23, 24 & 25

Santa Maria: March 10

Cal Poly: March 11

Paso Robles: March 17

For information contact: Lesta Travis
805.540.6527 • events@t-mha.org • www.t-mha.org

SIGN UP TODAY!

It's Easy

- 5 bowlers per team
- Schedule a date and time
- \$100 minimum pledges per bowler
- Fundraising tools & ideas on website

It's Fun

- 2 games, shoes and meal provided
- Prizes, raffles, rewards!

